

**Hims & Hers has updated its Terms and Conditions**

1 message

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Thank you for being a Hims customer! We want to let you know that we've made some updates to the Hims & Hers Terms and Conditions, including to the agreement to arbitrate, as noted below. Please review the updated [Terms and Conditions](#) carefully. The updated Terms and Conditions were posted on the Hims website and apps on April 4, 2025, and are effective immediately.

The next time you log in to your account with Hims, you will be asked to click an "Accept" button to let us know that you have read and agree to be bound by the updated Terms and Conditions. If you do not click "Accept" but maintain an account with Hims, you agree that your continued use of Hims services constitutes your acceptance of the updated Terms and Conditions, including the agreement to arbitrate therein.

Here are some details regarding changes we've made to the agreement to arbitrate in the updated Terms and Conditions (these are examples only, please review the updated [Terms and Conditions](#) in full): (1) we've changed our arbitration provider from the American Arbitration Association to National Arbitration & Mediation; (2) we've updated the arbitration procedures to which you and we agree to make them more efficient in the

event 25 or more substantially similar arbitration requests are filed; and (3) we've clarified the procedures for opting out of arbitration.

If you do not agree to the updated Terms and Conditions, you may close your account with Hims and cease using our services. In that case, you will continue to be bound by the previous Terms and Conditions. If you do not close your account with Hims, the continued use of your account beginning on April 4, 2025, constitutes acceptance of the updated Terms and Conditions, including the agreement to arbitrate therein.

Thank you for being part of the Hims & Hers community!

The Hims & Hers Team

Future you thanks you.



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